



CERTIFIED FIRST AID TRAININGS IN GHANA Equip your workforce with **life-saving skills**

A medical emergency can happen anywhere, at any time – even at the workplace. This is why it's important to equip your workforce with life-saving skills. First aid skills enable workers to provide immediate aid until professional emergency medical services arrive. The delivery of first aid has the possibility of potentially saving a life.

At our dedicated training centre in Accra, we provide two types of first aid trainings:



EMERGENCY FIRST AID

(Basic First Aid, CPR & AED certificate course) 1 DAY

- Basic principles of dealing with a medical emergency
- Ideal for individuals, office staff, house help, nannies, etc.
- Certificate is valid for 2 years and can be renewed through a refresher training



FIRST AID AT WORK

Advanced First Aid, CPR & AED certificate course 3 DAYS

- Thorough training for the ability to respond to a wide range of accidents or injuries
- Ideal for workplace First aiders, and Health and Safety Managers
- Ideal for organisations having strict Occupational Health and Safety regulations
- Certificate is valid for 2 years and can be renewed through a refresher training

*Also available for individuals and smaller groups. Contact us for rates.

Our trainings are based on the guidelines of the AHA and the UK Resuscitation Council, and our instructors are certified by both bodies.

For more information, contact us on